



# Henderson Intermediate School

## NEWSLETTER 4

Term 1 | Week 7 | Monday 16<sup>th</sup> March 2020

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Kia Ora Talofa Guten Tag Bonjour Malo e le lei Kia Orana Fakalofa lahi atu Goeie Dag Sawadee Croeso Bula Fāilte

### Upcoming Events

#### MARCH

17- CANCELLED - WZ  
Swimming @ Westwave

18 – CANCELLED - Girls  
Softball Champs

19 – CANCELLED -  
School Disco

24 – CANCELLED WZ  
20/20 Cricket

30 – Bike Safety begins  
for Y7 students

31 – CANCELLED  
Auckland Zone Tag

#### APRIL

1 - Whānau Hui – 7pm

2 – Pacific Island  
Celebration evening 7pm

7 & 8 – Goal Setting  
Meetings

9 – Last Day of Term 1

27 – ANZAC DAY  
School closed

28 – First day of Term 2

30 – Museum visits begin  
for classes

#### MAY

1 to 7 – Museum visits  
continue for classes

21 – Specialist Cycle  
ends

22 – Pink Shirt Day

25 – Your child begins a  
new Specialist subject

Click [here](#) to view our  
School Calendar

### Kia ora Henderson Intermediate School Whānau

I hope this finds you well.

**CORONAVIRUS** – with respect to the precautions now being taken by our Government with this virus, sporting / social events this week have been either cancelled or we have decided not to participate in these events. We will keep you informed about other events beyond this week.

We are also very concerned about keeping your children safe while they are here at School. If any student is here and is unwell we will call you to come and get them. It is critically important that we keep everyone well while they are here at School. *Please remember that at this age children are free at the doctors – we support you taking your child to the doctors if you are concerned about their health.*

Over the next week we are going to be making up a workbook for all students. This will be able to be used at home if the situation arises where we need to do this.

**I just want you all to know that we are on the front foot and not the back foot as far as this Virus goes!**

**HYGIENE** - Our teachers continue to reinforce the need for children to keep their hands clean and to avoid putting their hands in their eyes, mouth and nose as this is basic to them keeping well and safe when it comes to sickness. With the issues around the **Coronavirus**, the message we are being given as a school is to ensure that our children take care when it comes to washing their hands and to putting their hands on their face. This is hugely important when it comes to any virus at all. When coughing they must remember to cough into their elbow to ensure that they shield others from droplets from their cough.

**CHANGES TO OUR SCHOOL** - Last week saw our brand new **classroom block** officially opened and now the 3 classes are well settled in. These new classes are just lovely! By July of this year we will also have work underway in the Rooms 7 – 10 area. This will become a new block of 5 classes and will be a really lovely block for our children. Other property work underway shortly, is repairs to the roof in the Rooms 3 – 6 Block. Over the holidays we are also getting a large area concreted outside Rooms 11- 16. This is so that our children will have more area to play tag ball etc.

**SCHOOL DISCO** - Each term we have a **Disco** for students. Our first for the year was going to be this Thursday 19<sup>th</sup> March. Due to the Coronavirus risk this has now been postponed until further notice.

The School Value that we are focusing on this week is **PROUD**. We want our children to be proud of who they are, to stand tall! We want them to be proud of their school too.

You can contact me anytime if the need arises. Call me at school or on my mobile 021 252 1383. If you want to come in and see me at School, you do not need an appointment to do so. Just come!

*Noho ora mai ! Stay well.*

*Manuia le aso! Have a good day.*

**Warmest Wishes**

**Mrs Wendy Esera**

**FOR AND ON BEHALF OF STAFF AND BOARD**

# Anei te whānau Moko

E mihi ana ki a koutou katoa kei aku nui, aku rahi, aku whakateitei ki te whenua, aku whakatamarahi ki te rangi. Nei rā te whānau Moko e tuku ana i ngā mihi matakui ki a koutou katoa, e karanga atu ana ki a koutou, rarau mai, rāhiri mai rā. Ā kāti, kia kotahi atu mātou ki ngā kaupapa, e tōpū tahi ai tātou.

This term, Te whānau Moko has focused on the following kaupapa.

‘Ko wai au?’ and, Manawaroa.

We would like to take this opportunity to showcase some of the ‘Ko wai au?’ presentations and some of the examples our tamariki have in regard to manawaroa, resilience.



Kia ora. Ko Natalia tōku ingoa, nō Ngāpuhi ahau. Kei te akomanga 9 - Whai Koha au e ako ana. Ko ngā momo pārekareka ki a au ko te kanikani me te kauhoe.

An example of resilience for me is when someone tells me I can't do it and I prove them wrong.

Kia ora. Ko Hailey tōku ingoa, nō Ngāti Porou ahau. Kei te akomanga 9 - Whai Koha au e ako ana. Ko ngā momo pārekareka ki a au ko te poitarawhiti, taku whānau, mahi toi, me te kauhoe.

An example of resilience for me is ignoring someone who is being annoying.



Tēnā koutou. Ko Ezra tōku ingoa, nō Ngāti Kahu ahau. Kei te akomanga 8 - Rite au e ako ana. Ko ngā momo pārekareka ki a au ko te poiuku, kapa haka me te kai.

An example of resilience I have experienced was when I was playing softball and wasn't good at pitching, so I gave up. The next day I gave it a try, I kept going and became better at it.

Kia ora. Ko Maia tōku ingoa, nō Te Rarawa ahau. Kei te akomanga 8 - Rite au e ako ana. Ko ngā momo pārekareka ki a au ko te tā pikitia, te toi, te kōpaki pepa, me te kapa haka.

An example of resilience I have experienced is when I am in a dip and I climb back out.



Kia ora e te whānau.

Ko Ryan tōku ingoa, nō Te Aupōuri ahau. Kei te akomanga 7 - Whakaiti au e ako ana. Ko ngā momo pārekareka ki a au ko te tā pikitia me te tākaro i te hungerball.

Ko tētahi tauira o te manawaroa ki a au, ki te taka koe ka haere tonu koe, ka hiki tonu koe.

Kia ora e te whānau.

Ko Kelly-Jae tōku ingoa, nō Ngāpuhi ahau. Kei te akomanga 7 - Whakaiti au e ako ana.

Ko ngā momo pārekareka ki a au ko te poitarawhiti, waiata, taku whānau, ōku hoa me te kai. Ko tētahi tauira o te manawaroa ki a au, ko te wā ka pāngia au e te uauatanga, me koke tonu au.



## BASKETBALL AT THE TRUSTS STADIUM AFTERSCHOOL ON TUESDAYS

Due to the Coronavirus risk we have withdrawn our teams from this competition until the end of this term.

## Parking at Henderson Intermediate School

We do appreciate that parking around our school is limited and we thank you for your patience when dropping off and picking up your child. We ask that you please refrain from using neighbouring business' carparks to park in, as this results in their customers being unable to park in those spaces. This is not ideal. If you are having difficulty we suggest perhaps drop off and then ask your child to meet you, at public parking areas near The Warehouse on Lincoln Rd.

# WILLIAM PIKE VISIT

William Pike spoke to our students at a recent assembly about **resilience** and the importance of getting out of your comfort zone. He shared his story about how he lost his leg in 2007 in the Mt Ruapehu eruption, and his journey to not only walk again, but to climb a mountain again. He encouraged our students to set big goals, go out of their comfort zone, and never give up. He was very entertaining and inspiring.



## Success at H.I.S



Year 7

**CONGRATULATIONS** to our Year 7 & Year 8 Girls Softball teams who both took out 1<sup>st</sup> place in the Waitakere Zone! The girls played with good sportsmanship attitude. They were to compete in the Auckland Championships this Wednesday but we are unable to participate due to the Coronavirus risk.

A special thank you to Matua Tee, Whaea Dee and Whaea Sharon for coaching, managing and scoring.



Year 8

### Student Achievement

*Congratulations to:*

**Chloe Hopson!**

Chloe competed at the **Auckland Open Squash** tournament as well as the **North Shore Judo Competition** recently.



In Judo she competed well having a tough 3 fights and fought only boys on the day. Chloe ended up taking a silver medal with second place! The Squash tournament took place from Thursday and concluded on Sunday, Chloe won all of her games making it to the final on Sunday, in the final Chloe played a great game of squash and ended up in second place. Well done Chloe!

*Congratulations to:*

**Taitaifono – Rm 12**  
**Accadius – Rm 13**  
**Elijah – Rm 17**  
**Damien – Rm 3**  
**Nikau – Rm 17**  
**Max – Rm 10**  
**Flynn – Rm 17**  
**Kingston – Rm 11**  
**Cooper – Rm 29**  
**Devon – Rm 19**  
**Israel – Rm 11**  
**Uriah – Rm 11**  
**Sexton – Rm 12**  
**Lawrence – Rm 12**



who were selected to participate at the NZTFI Junior Oceania Indigenous Invitation Cup Tournament on 6,7 & 8 March! **Well done!**



**PHOTOLIFE CLASS PHOTOS** - Students who were present here at school last Monday had their class and individual photos taken. These are now being processed by Photolife Studios. In the next few weeks notices containing each student's individual Shootkey code will come home with your child. You may then visit the [Photolife](https://www.photolife.co.nz) website to view and order your child's photos.

# ATHLETICS DAY 2020

Last Friday saw the whole school take part in our annual Athletics Day. Both students and staff brought a wonderful energy and colour to the day. There were some outstanding performances throughout the day and the effort from the students was impressive. After rotating through the field events and 100m sprints in the morning, the afternoon was an opportunity to be together in our houses and support the finalists.

I wish to commend our students for their terrific attitude which helped make this year's event very successful. While the winning house will be revealed at Friday's Assembly, congratulations go to GREEN house for winning the house relay and Rm 13 for the Class Relay.



## Online Safety



**A message from our SWIS Worker Jessica Barrett**

One of the biggest issues all parents/caregivers are facing is children having access to devices whether they be their own personal phones or tablets. We can very quickly lose control and have our child exposed to a whole range of content that they are experiencing at any given time. These negative experiences can impact on them significantly. So how do we keep our kids safe without cutting them off from our tech driven world?

1/ You could buy a \$15 phone that has the basics of texting or calling to keep in contact with your child until they are ready to be responsible with a smart phone.

2/ Families can set contracts around screen time use to help everyone use technology in moderation. We have contracts available at school if you would like one.

Install **OURPACT app** on your child's phone to control how much screen time they are having as a location tracker from your own phone. There is a free version which works very well.

<https://ourpact.com/>

Jessica Barrett MOB: 021428386

## Community Notices



WW (the new Weight Watchers) has a long and rich history of helping people live healthier lives and this has never been more true than now with the new myWW program that offers personalised solutions tailored to your needs.

Stacey Dawson has taught at Henderson Intermediate for 3 years and is excited to be able to bring this opportunity to the friends and families of the school.

Call Stacey MOB: 02108383399

## Hajamie Judo & Henderson Squash Club

Would you like to try out for Judo or Squash?

Both are held at the Henderson Squash club at 63 Buscomb Ave. #Hajamiejudo